



TEXAS
Health and Human
Services

Abilene State Supported Living Center

OUR MISSION:
To empower people to make choices
that result in a life of dignity and
increased independence.

AbSSLC News

Abilene SSLC

Week of April 20th, 2026

1st Street / 3rd Street Gate Changes

Effective on **Thursday, April 23rd**:

1st Street Gate **two-way traffic** will be from **730am-800am** only

Exit only times:

1 st Street	730am-800am
3 rd Street	11:50am-12:10pm
3 rd Street	4:50pm-5:10pm

Heat Precautions

As we approach hotter temperatures, here are some important tips in keeping everyone safe!

- Limit outdoor activity, especially midday when the sun is hottest.
- Be sure all vehicles are cool and have properly working air conditioning. If the air conditioning is not working properly, report it to Motor Pool.
- Sunscreen should be worn and reapplied as indicated on the package.
- Pace activities. Start activities slow and pick up the pace gradually.
- Drink more water than usual and don't wait until you're thirsty to drink more. Encourage Individuals to do the same thing. Muscle cramping may be an early sign of heat-related illness.
- You and the Individuals should wear loose, lightweight, light-colored clothing.
- If you or an Individual need to cool down, cool showers or baths are helpful.
- **Never leave anyone in a vehicle unsupervised.**

National Laundry & Linen Week

Take a few minutes to recognize the amazing work done by our Reginal Laundry Staff. They serve the Individuals @ Abilene, Lubbock, San Angelo & Big Spring State Hospital!

Spring Benefit Golf Scramble!

CHRISTMAS ON THE GREEN
MAKING LIVES BRIGHTER AT ABILENE SSLC
COTC 2026

Register Now!

A Volunteer Services Council Golf Fundraiser Benefitting Residents of the Abilene State Supported Living Center

Date: 5/15/26
4-man Scramble
\$400 per Team of 4
(\$100 for current AbSSLC Employees)
Registration closes: 4/14/2026
Maxwell Golf Course

Click [here](#) to register!

Vote today for the May 2026 Employee of the Month!

Click [here](#) to cast your vote and recognize the amazing work these staff do for those that live & work at AbSSLC!

- Jesse Banayat (Unit 1)
- Hailey Mitchell (Nursing)
- Penny Newton (Maintenance)
- Sarah Chavarria (Unit 2)
- Shanice Sneed (Switchboard)



Click the picture above to vote!

Shout Outs!

Thank you to **Kenneth** (“**Kenny**”) @ the Paint shop for getting our building looking much more spiffy with recent repairs, shop vac, and paint!

Shout Out to **Charissa Hyde** for seeing a situation and immediately reacting and getting involved to protect the people we serve. She didn't hesitate for which I commend her. I appreciate Mrs. Hyde's devotion to the people we serve. Thank you, Mrs. Hyde for your performance! Good job!! 🙌🙌🙌

I wanted to give a shout out to **Joey Villarreal** for doing amazing work as the FCT/D CPR coordinator. He has had this title for several years and has done nothing but make improvements that benefit the facility and how we handle the CPR documentation. It is a very important role, and Joey does a phenomenal job at facilitating the CPR program, we are all grateful for the hard work he does for the facility and the people we serve.

I would like to give a shout out to the whole **Transportation department** and **Cindy Bowman**! They worked fast and efficiently to provide FCT/D with two vehicles that were needed for a State Office project. Transportation made sure the vehicles were ready to go and in excellent condition, I am thankful for their great teamwork and dedication to the job!

I wanted to thank our wonderful **Motor Pool team** for all the hard work they do behind the scenes. FC/TD recently worked with State office to film some videos that used our vans and para-transit vehicles, Motor Pool went above and beyond to make sure the vehicles were spotless and in great condition. The staff from State Office that was assisting us made the comment of how well kept and clean our vehicles were, which is a direct reflection of the excellent work that Motor Pool does. Thank you all!



Life Safety Code Tip of the Week

Doors that are equipped with door closers are operating/closing properly, **latch fully**, and are not blocked or prevented from closing

Shout Out Abilene!

We want to hear from you! Have a **suggestion** on how to make Abilene SSLC the best place ever to live & work? Have a **concern** to express? Want to **recognize someone** for their amazing work? **Shout Out and let us know!**



You can also **email** your Shout Out to jeff.goza@hhs.texas.gov or **text** it to 325.370.4525!